

## Focused Ultrasound Mediated Effect on the Blood - Cerebrospinal Fluid Barrier and its impact in reduction of Alzheimer's pathology

### Background, Motivation and Objective

Focused ultrasound (FUS) - mediated blood - brain barrier (BBB) opening has been shown to transiently, noninvasively, and safely open the BBB. Efficacy and safety studies indicate FUS - BBBO reduces Alzheimer's Disease (AD) pathological proteins, including amyloid -  $\beta$  ( $A\beta$ ) peptides, a synaptic by-product . In the homeostatic brain,  $A\beta$  is cleared through active transport across the BBB and blood - cerebrospinal fluid barrier (BCSFB), a barrier formed by the tight junctions between choroid plexus (CP) epithelial cells primarily via, lipoprotein receptor - related protein - 1 (LRP1), a marker shown to increase in expression as a result of AD promoted choroid plexus dysfunction. This removal process is impaired in the case of AD. This study aims to evaluate the FUS-mediated opening of the BCSFB (BCSFBO) and its role in reducing  $A\beta$  and LRP1.

### Statement of Contribution/Methods

Seven 1-year old female 3xTg AD mice were divided into FUS - BCSFBO (n = 3) and sham groups (n =4). FUS - BCSFBO mice underwent a bilateral sonication of the hippocampus with a single - element, spherical segment FUS transducer (fc = 1.5 MHz, focal depth: 60 mm, radius: 30 mm, Imasonic, PNP: 450 kPa, PRF: 10, PL: 6.7 ms) in combination with a 1:10 dilution of in house made lipid-coated, perfluorobutane polydisperse microbubbles in saline (mean diameter: 1.4  $\mu$ m). After sacrifice 5 days post - treatment with saline perfusion, brains were fixed in 4% paraformaldehyde and 30% sucrose and cryosectioned to 35  $\mu$ m coronal sections on a cryostat (Leica). Sections were stained for LRP1 and  $A\beta$  (Methoxy - X04) . 10x images of the lateral ventricle and 20x images of the choroid plexus were acquired using an Olympus BX61 Microscope and image analysis was performed using ImageJ (NIH).

### Results/Discussion

FUS - BCSFBO treated mice have less  $A\beta$  as compared with sham mice in the lateral ventricle, consistent (Fig.1b). Fluorescence intensity for each group was quantified and agrees with qualitative analysis (Fig.1c). Reduced expression of  $A\beta$  and LRP1 was detected (Fig. 1b) and quantified (Fig. 1c) in the choroid plexus for the experimental group with significance shown in LRP1 (p-value = 0.0023). The reduction of AD pathology ( $A\beta$ ) and LRP1 is indicative of improved receptor function. The findings presented demonstrate transport through the BCSFBO as a pathway through which reduction of AD pathology is facilitated.

